

Programmanummer: 25 4x50m Vrijeslag estafette m. jeugd 2 en later

| | | | | Eindtijd | 50m |
|----|----------------|--|---------|----------|-------|
| 2. | SCOM | | 2.27.02 | _____ | _____ |
| 3. | SVO | | 2.18.19 | _____ | _____ |
| 4. | ZV Vlaardingen | | 2.18.78 | _____ | _____ |

| SCOM | | SVO | |
|----------|-------------------|----------|--------------------|
| 96-04074 | Karen van Dee | 96-05340 | Meike de Greef |
| 95-02954 | Nikki Gerritse | 94-06632 | Sara de Vos |
| 98-03070 | Desiree van Eeren | 96-04618 | Rianne van der Ham |
| 97-03330 | Renske de Vries | 95-01890 | Sanne van Delft |

ZV Vlaardingen

| | | |
|----------|-------------------------|-------|
| 94-01746 | Ramona Noordermeer | _____ |
| 94-05702 | Ramona van den Vrijhoef | _____ |
| 94-06074 | Kelly Gardenier | _____ |
| 96-05154 | Iris Koster | _____ |

Programmanummer: 26 4x50m Wisselslag estafette j. junioren 4 en later

| | | | | Eindtijd | 50m |
|----|----------------|--|---------|----------|-------|
| 3. | ZV Vlaardingen | | 2.26.57 | _____ | _____ |
| 4. | RSW | | 2.49.25 | _____ | _____ |

| RSW | | ZV Vlaardingen | |
|----------|--------------------|----------------|-------------------|
| 98-02669 | Alexander Djuric | 95-03781 | Nick Cleintuar |
| 95-05517 | Marcel van Leeuwen | 94-00429 | Lars v.d. Voorden |
| 95-05449 | Gillian Winter | 94-05661 | Vincent van Rees |
| 97-00649 | Johan Speksnijder | 95-00355 | Thomas Grudelbach |

Programmanummer: 27 200m Vrijeslag dames

| | | | | Eindtijd | 50m | 100m |
|----|-----------------------|----------------|------------------|----------|-------|-------|
| 2. | Susan Korterink | ZV Strijen | 83-02724 | _____ | _____ | _____ |
| 3. | Lisette van der Horde | ZV Vlaardingen | 3.12.66 87-01824 | BM | _____ | _____ |
| 4. | Sabina Caruso | RSW | 3.21.36 85-00542 | _____ | _____ | _____ |

| | | | | Eindtijd | 50m | 100m |
|----|-------------------|----------------|------------------|----------|-------|-------|
| 1. | Diana Dijkstra | ZV Vlaardingen | 2.58.45 86-00866 | _____ | _____ | _____ |
| 2. | Kelly Gardenier | ZV Vlaardingen | 2.43.76 94-06074 | _____ | _____ | _____ |
| 3. | Carolien Muilwijk | SVO | 2.41.53 90-08064 | _____ | _____ | _____ |
| 4. | Bibi den Haan | Lansingh | 2.42.27 90-01290 | BM | _____ | _____ |
| 5. | Karen van Dee | SCOM | 2.44.39 96-04074 | _____ | _____ | _____ |

| | | | | Eindtijd | 50m | 100m |
|----|-------------------|----------------|------------------|----------|-------|-------|
| 1. | Wendy Mets | Lansingh | 2.34.18 91-05176 | _____ | _____ | _____ |
| 2. | Aniek Huijsman | Lansingh | 2.28.49 88-01932 | _____ | _____ | _____ |
| 3. | Kimberly de Pater | Lansingh | 2.24.89 89-03218 | _____ | _____ | _____ |
| 4. | Evelien Muilwijk | SVO | 2.27.38 87-02856 | _____ | _____ | _____ |
| 5. | Conny Boer-Buys | ZV Vlaardingen | 2.32.67 50-00006 | _____ | _____ | _____ |
| 6. | Dyonne Dorchain | Lansingh | 2.37.78 89-00984 | BM | _____ | _____ |

Programmanummer: 28 200m Vrijeslag heren

| | | | | Eindtijd | 50m | 100m |
|----|----------------------|----------------|------------------|----------|-------|-------|
| 2. | Dennis van Steenberg | ZV Vlaardingen | 78-00999 | BM | _____ | _____ |
| 3. | Emiel van Elderen | ZV Vlaardingen | 2.39.65 56-00383 | BM | _____ | _____ |
| 4. | Melvin Hanswijk | SCOM | 93-07025 | _____ | _____ | _____ |

| | | | | Eindtijd | 50m | 100m |
|----|--------------------|----------------|------------------|----------|-------|-------|
| 1. | Melano Winter | RSW | 2.34.85 87-03847 | BM | _____ | _____ |
| 2. | Michael Schreuders | SVO | 2.26.38 83-01905 | BM | _____ | _____ |
| 3. | Ferdy van Mastrigt | RSW | 2.23.35 88-02315 | BM | _____ | _____ |
| 4. | Rene de Jong | ZV Vlaardingen | 2.25.56 66-00351 | _____ | _____ | _____ |
| 5. | Nijs de Vos | SVO | 2.27.63 91-04705 | BM | _____ | _____ |

Vervolg Programmanummer: 28 200m Vrijslag heren

Serie: 3

| | | | | | | | | |
|----|--------------------------|----------------|---------|----------|----|-------|-------|-------|
| 1. | Bastiaan van Houwelingen | SVO | 2.21.16 | 90-01295 | | _____ | _____ | _____ |
| 2. | Oscar van Mastrigt | RSW | 2.19.39 | 90-01923 | BM | _____ | _____ | _____ |
| 3. | Bas van den Nouweland | ZV Vlaardingen | 2.16.95 | 80-01103 | | _____ | _____ | _____ |
| 4. | Tom vd Beemt | SCOM | 2.18.86 | 89-00147 | | _____ | _____ | _____ |
| 5. | Mark Huijsman | Lansingh | 2.20.05 | 90-01305 | BM | _____ | _____ | _____ |
| 6. | Robert Slappendel | Lansingh | 2.23.23 | 82-01583 | BM | _____ | _____ | _____ |

Serie: 4

| | | | | | | | | |
|----|---------------------|------------|---------|----------|----|-------|-------|-------|
| 1. | Andre Sterk | SVO | 2.16.69 | 86-02989 | | _____ | _____ | _____ |
| 2. | Paul Notenboom | ZV Strijen | 2.16.32 | 88-05513 | | _____ | _____ | _____ |
| 3. | Sven Kouwenhoven | Lansingh | 2.13.54 | 91-03381 | | _____ | _____ | _____ |
| 4. | Marco van Antwerpen | ZV Strijen | 2.16.00 | 80-00027 | | _____ | _____ | _____ |
| 5. | Ivo Boon | Lansingh | 2.16.54 | 90-03873 | BM | _____ | _____ | _____ |
| 6. | Roy Pattipeiluhu | RSW | 2.16.88 | 91-01761 | | _____ | _____ | _____ |

Serie: 5

| | | | | | | | | |
|----|-------------------|----------------|---------|----------|--|-------|-------|-------|
| 1. | Rutger Dalm | Lansingh | 2.12.85 | 90-05561 | | _____ | _____ | _____ |
| 2. | Tim Pattipeiluhu | RSW | 2.04.92 | 89-02409 | | _____ | _____ | _____ |
| 3. | Stefan Groeneweg | Lansingh | 1.57.20 | 89-01039 | | _____ | _____ | _____ |
| 4. | Stefan Grudelbach | ZV Vlaardingen | 2.04.60 | 92-02073 | | _____ | _____ | _____ |
| 5. | Joeri Scheepens | SVO | 2.11.20 | 86-02689 | | _____ | _____ | _____ |
| 6. | Jim Geestman | RSW | 2.13.43 | 83-00699 | | _____ | _____ | _____ |

Programmanummer: 29 100m Vrijslag m. junioren 1 en later

Serie: 1

| | | | | | | Eindtijd | 50m | |
|----|-------------------|----------------|---------|----------|----|-----------------|------------|--|
| 1. | Zoë Smit | ZV Vlaardingen | | 00-01685 | BM | _____ | _____ | |
| 2. | Zoë van Gool | Lansingh | 2.00.58 | 00-00964 | | _____ | _____ | |
| 3. | Rachel Telleman | SCOM | 1.45.60 | 99-02524 | | _____ | _____ | |
| 4. | Manon Kranendonk | ZV Strijen | 1.46.50 | 99-02444 | | _____ | _____ | |
| 5. | Lisanne van Doorn | ZV Vlaardingen | | 00-03338 | BM | _____ | _____ | |
| 6. | Marcella Scheer | SVO | | 99-01866 | | _____ | _____ | |

Serie: 2

| | | | | | | | | |
|----|----------------------|----------------|---------|----------|----|-------|-------|--|
| 1. | Lieke Ouwerkerk | Lansingh | 1.42.34 | 99-02414 | | _____ | _____ | |
| 2. | Yvonne van der Burgh | ZV Strijen | 1.40.67 | 99-02076 | | _____ | _____ | |
| 3. | Claudia van Eeren | SCOM | 1.38.58 | 98-03068 | | _____ | _____ | |
| 4. | Stacey Gardenier | ZV Vlaardingen | 1.39.15 | 00-00154 | BM | _____ | _____ | |
| 5. | Quinty Bolander | SCOM | 1.41.19 | 99-02522 | | _____ | _____ | |
| 6. | Annika Dubbeldam | ZV Strijen | 1.45.17 | 99-03016 | | _____ | _____ | |

Serie: 3

| | | | | | | | | |
|----|------------------------|----------------|---------|----------|--|-------|-------|--|
| 1. | Iva den Haan | Lansingh | 1.37.21 | 99-00882 | | _____ | _____ | |
| 2. | Kaithlyn Boer | ZV Vlaardingen | 1.32.86 | 99-03078 | | _____ | _____ | |
| 3. | Dagmar Ham | SVO | 1.31.81 | 98-03136 | | _____ | _____ | |
| 4. | Cynthia Zwijnenburg | SVO | 1.32.10 | 98-00702 | | _____ | _____ | |
| 5. | Chantal van de Vaart | ZV Vlaardingen | 1.34.34 | 98-02266 | | _____ | _____ | |
| 6. | Melanie van der Hoeven | ZV Vlaardingen | 1.37.51 | 98-03518 | | _____ | _____ | |

Programmanummer: 30 100m Vrijslag j. minioren 6 en later

Serie: 1

| | | | | | | Eindtijd | 50m | |
|----|----------------|----------------|---------|----------|----|-----------------|------------|--|
| 2. | Bob de Voogd | ZV Vlaardingen | 1.46.89 | 00-00313 | BM | _____ | _____ | |
| 3. | Kevin Poiesz | ZV Strijen | 1.45.55 | 00-01487 | | _____ | _____ | |
| 4. | Liam van Gool | Lansingh | 1.46.41 | 00-01111 | | _____ | _____ | |
| 5. | Aidan van Gool | Lansingh | 1.50.98 | 00-01773 | | _____ | _____ | |
| 6. | Yannick Blanck | Lansingh | 1.52.38 | 00-01515 | | _____ | _____ | |

Vervolg Programmanummer: 30 100m Vrijslag j. minioren 6 en later

Serie: 2

| | | | | | | | |
|----|-----------------------|----------------|---------|----------|----|-------|-------|
| 1. | Erik Speksnijder | RSW | 1.35.32 | 00-01375 | BM | _____ | _____ |
| 2. | Ede Ojo | RSW | 1.33.11 | 98-00135 | | _____ | _____ |
| 3. | Hunter Vos | ZV Vlaardingen | 1.28.90 | 98-04233 | | _____ | _____ |
| 4. | Bryan Gijzen | RSW | 1.29.39 | 99-02397 | | _____ | _____ |
| 5. | Alexander Djuric | RSW | 1.34.64 | 98-02669 | | _____ | _____ |
| 6. | Sander van Witzenburg | ZV Vlaardingen | 1.39.44 | 98-02811 | | _____ | _____ |

Programmanummer: 31 200m Wisselslag m. senioren 2 en later

Serie: 1

| | | | | | | | |
|----|--------------------------|----------------|---------|----------|----|-----------------|------------|
| | | | | | | Eindtijd | 50m |
| 2. | Ramona van den Vrijhoef | ZV Vlaardingen | 3.20.97 | 94-05702 | | _____ | _____ |
| 3. | Jeanine van der Beek | Lansingh | 3.07.79 | 92-05664 | BM | _____ | _____ |
| 4. | Jill Zevenbergen | SCOM | 3.20.17 | 92-02608 | | _____ | _____ |
| 5. | Kayleigh van Wijngaarden | Lansingh | 3.27.24 | 93-06930 | BM | _____ | _____ |

Serie: 2

| | | | | | | | |
|----|--------------------|----------------|---------|----------|--|-------|-------|
| 1. | Rebecca van Eeren | SCOM | 3.01.04 | 93-06910 | | _____ | _____ |
| 2. | Imani Berger | Lansingh | 2.59.39 | 93-01638 | | _____ | _____ |
| 3. | Daniek Gouw | Lansingh | 2.44.67 | 92-03024 | | _____ | _____ |
| 4. | Ruby Boudestein | Lansingh | 2.45.95 | 93-03430 | | _____ | _____ |
| 5. | Amy van der Linden | ZV Strijen | 2.59.43 | 92-05722 | | _____ | _____ |
| 6. | Ramona Noordermeer | ZV Vlaardingen | 3.07.20 | 94-01746 | | _____ | _____ |

Programmanummer: 32 200m Wisselslag j. jeugd 2 en later

Serie: 1

| | | | | | | | |
|----|----------------------|----------------|---------|----------|--|-----------------|------------|
| | | | | | | Eindtijd | 50m |
| 2. | Koen Bouma | ZV Vlaardingen | 2.58.75 | 93-04557 | | _____ | _____ |
| 3. | Arte van Houwelingen | SVO | 2.48.79 | 92-06695 | | _____ | _____ |
| 4. | Davy de Greef | SVO | 2.49.56 | 93-05463 | | _____ | _____ |

Serie: 2

| | | | | | | | |
|----|--------------------|----------------|---------|----------|--|-------|-------|
| 2. | Cees van der Heide | SCOM | 2.37.95 | 95-03967 | | _____ | _____ |
| 3. | Stefan Grudelbach | ZV Vlaardingen | 2.23.16 | 92-02073 | | _____ | _____ |
| 4. | Tim Verwest | ZV Vlaardingen | 2.31.13 | 92-04675 | | _____ | _____ |
| 5. | Tai Wei Kan | SCOM | 2.40.65 | 95-02417 | | _____ | _____ |

Programmanummer: 33 100m Wisselslag m. junioren 3 en later

Serie: 1

| | | | | | | | |
|----|-----------------------|------------|---------|----------|--|-----------------|--|
| | | | | | | Eindtijd | |
| 2. | Amy 't Mannelje | Lansingh | 1.52.41 | 98-03260 | | _____ | |
| 3. | Desiree van Eeren | SCOM | 1.50.31 | 98-03070 | | _____ | |
| 4. | Marloes van der Burgh | ZV Strijen | 1.50.61 | 96-05236 | | _____ | |

Serie: 2

| | | | | | | | |
|----|------------------------|----------------|---------|----------|--|-------|--|
| 2. | Chantal van de Vaart | ZV Vlaardingen | 1.45.16 | 98-02266 | | _____ | |
| 3. | Leanne Buitendijk | ZV Strijen | 1.38.43 | 96-01110 | | _____ | |
| 4. | Marsha van der Heuvel | Lansingh | 1.40.64 | 98-01154 | | _____ | |
| 5. | Melanie van der Hoeven | ZV Vlaardingen | 1.46.85 | 98-03518 | | _____ | |

Serie: 3

| | | | | | | | |
|----|--------------------|----------------|---------|----------|--|-------|--|
| 1. | Meike de Greef | SVO | 1.37.22 | 96-05340 | | _____ | |
| 2. | Iris Koster | ZV Vlaardingen | 1.35.31 | 96-05154 | | _____ | |
| 3. | Rianne van der Ham | SVO | 1.26.80 | 96-04618 | | _____ | |
| 4. | Renske de Vries | SCOM | 1.26.98 | 97-03330 | | _____ | |
| 5. | Tugba Ilgili | RSW | 1.37.08 | 97-05440 | | _____ | |
| 6. | Romy-Fleur Stomp | SCOM | 1.38.41 | 96-05982 | | _____ | |

Programmanummer: 34 100m Wisselslag j. junioren 2 en later

Serie: 1

| | | | | | | | |
|----|-----------------------|----------------|---------|----------|----|-----------------|--|
| | | | | | | Eindtijd | |
| 1. | Koen Hengst | ZV Vlaardingen | 2.08.24 | 97-04145 | | _____ | |
| 2. | Alexander Djuric | RSW | 1.51.89 | 98-02669 | | _____ | |
| 3. | Jaap van Dalsen | Lansingh | 1.44.00 | 97-03469 | | _____ | |
| 4. | Kelvin van Houten | ZV Vlaardingen | 1.47.96 | 96-03135 | | _____ | |
| 5. | Sander van Witzenburg | ZV Vlaardingen | 2.00.98 | 98-02811 | | _____ | |
| 6. | Tygo van Hassel | ZV Vlaardingen | | 97-04681 | BM | _____ | |

Vervolg Programmanummer: 34 100m Wisselslag j. junioren 2 en later

Serie: 2

| | | | | | | |
|----|-------------------|------------|---------|----------|--|-------|
| 1. | Ede Ojo | RSW | 1.41.14 | 98-00135 | | _____ |
| 2. | Sam Beer | ZV Strijen | 1.27.54 | 96-00817 | | _____ |
| 3. | Johan Speksnijder | RSW | 1.22.16 | 97-00649 | | _____ |
| 4. | Paul Dorst | ZV Strijen | 1.25.74 | 96-03277 | | _____ |
| 5. | Harmen den Hartog | SVO | 1.30.11 | 96-02227 | | _____ |
| 6. | Mike Gerritse | SCOM | 1.41.59 | 96-02163 | | _____ |

Programmanummer: 35 50m Vrijeslag m. jeugd 2 en later

Serie: 1

| | | | | | | | |
|----|-------------------|----------|---------|----------|----|-------|-----------------|
| 2. | Carolien Gregoire | Lansingh | 0.58.64 | 95-06404 | BM | _____ | Eindtijd |
| 3. | Milou van Lieren | SVO | 0.39.50 | 94-06630 | | _____ | |
| 4. | Lisa Dootjes | Lansingh | 0.51.67 | 94-07016 | | _____ | |

Serie: 2

| | | | | | | |
|----|-------------------------|----------------|---------|----------|--|-------|
| 1. | Sasha Koptina | Lansingh | 0.39.38 | 95-06074 | | _____ |
| 2. | Ramona van den Vrijhoef | ZV Vlaardingen | 0.37.05 | 94-05702 | | _____ |
| 3. | Kyra Grooten | SCOM | 0.35.97 | 94-06478 | | _____ |
| 4. | Shelley van den Bosch | ZV Vlaardingen | 0.36.28 | 94-05700 | | _____ |
| 5. | Nikki Gerritse | SCOM | 0.37.51 | 95-02954 | | _____ |

Serie: 3

| | | | | | | |
|----|-----------------|----------------|---------|----------|--|-------|
| 1. | Sara de Vos | SVO | 0.34.25 | 94-06632 | | _____ |
| 2. | Kelly Gardenier | ZV Vlaardingen | 0.32.42 | 94-06074 | | _____ |
| 3. | Sanne van Delft | SVO | 0.30.85 | 95-01890 | | _____ |
| 4. | Karen van Dee | SCOM | 0.32.08 | 96-04074 | | _____ |
| 5. | Brenda Mets | Lansingh | 0.32.86 | 94-02218 | | _____ |
| 6. | Tugba Ilgili | RSW | 0.34.89 | 97-05440 | | _____ |

Programmanummer: 36 50m Vrijeslag j. junioren 4 en later

Serie: 1

| | | | | | | | |
|----|--------------------|----------------|---------|----------|----|-------|-----------------|
| 1. | Marcel van Leeuwen | RSW | 0.41.05 | 95-05517 | | _____ | Eindtijd |
| 2. | Niels Zwijnenburg | SVO | 0.37.95 | 95-03627 | | _____ | |
| 3. | Thomas Grudelbach | ZV Vlaardingen | 0.32.26 | 95-00355 | BM | _____ | |
| 4. | Vincent van Rees | ZV Vlaardingen | 0.34.29 | 94-05661 | | _____ | |
| 5. | Jaap van Dalsen | Lansingh | 0.37.98 | 97-03469 | | _____ | |

Serie: 2

| | | | | | | |
|----|----------------------|----------------|---------|----------|--|-------|
| 1. | Lars v.d. Voorden | ZV Vlaardingen | 0.31.67 | 94-00429 | | _____ |
| 2. | Gillian Winter | RSW | 0.30.09 | 95-05449 | | _____ |
| 3. | Cees van der Heide | SCOM | 0.28.11 | 95-03967 | | _____ |
| 4. | Nick Cleintuar | ZV Vlaardingen | 0.29.02 | 95-03781 | | _____ |
| 5. | Eric de Jong | Lansingh | 0.30.20 | 94-00359 | | _____ |
| 6. | Abdelkader Elmeziani | ZV Strijen | 0.32.16 | 94-01241 | | _____ |

Programmanummer: 37 100m Vlinderslag dames

Serie: 1

| | | | | | | | | |
|----|-----------------------|----------------|---------|----------|----|-------|-----------------|------------|
| 1. | Lisette van der Horde | ZV Vlaardingen | | 87-01824 | | _____ | Eindtijd | 50m |
| 2. | Diana Dijkstra | ZV Vlaardingen | 1.38.16 | 86-00866 | | _____ | | _____ |
| 3. | Dyonne Dorchain | Lansingh | 1.28.09 | 89-00984 | BM | _____ | | _____ |
| 4. | Renske de Vries | SCOM | 1.34.89 | 97-03330 | | _____ | | _____ |
| 5. | Sabina Caruso | RSW | 1.40.02 | 85-00542 | | _____ | | _____ |
| 6. | Kimberly de Pater | Lansingh | | 89-03218 | | _____ | | _____ |

Serie: 2

| | | | | | | | | |
|----|-------------------|----------------|---------|----------|--|-------|--|-------|
| 1. | Bibi den Haan | Lansingh | 1.27.03 | 90-01290 | | _____ | | _____ |
| 2. | Conny Boer-Buys | ZV Vlaardingen | 1.20.47 | 50-00006 | | _____ | | _____ |
| 3. | Evelien Muilwijk | SVO | 1.14.81 | 87-02856 | | _____ | | _____ |
| 4. | Aniek Huijsman | Lansingh | 1.18.34 | 88-01932 | | _____ | | _____ |
| 5. | Carolien Muilwijk | SVO | 1.22.76 | 90-08064 | | _____ | | _____ |
| 6. | Wendy Mets | Lansingh | 1.27.12 | 91-05176 | | _____ | | _____ |

Programmanummer: 38 100m Vlinderslag heren

Serie: 1

| | | | | | | Eindtijd | 50m |
|----|--------------------------|----------------|---------|----------|----|----------|-------|
| 2. | Emiel van Elderen | ZV Vlaardingen | 1.35.32 | 56-00383 | BM | _____ | _____ |
| 3. | Abdelkader Elmeziani | ZV Strijen | 1.23.23 | 94-01241 | | _____ | _____ |
| 4. | Bastiaan van Houwelingen | SVO | 1.26.22 | 90-01295 | BM | _____ | _____ |

Serie: 2

| | | | | | | | |
|----|-----------------------|----------------|---------|----------|----|-------|-------|
| 1. | Michael Schreuders | SVO | 1.20.96 | 83-01905 | BM | _____ | _____ |
| 2. | Bas van den Nouwelant | ZV Vlaardingen | 1.17.55 | 80-01103 | | _____ | _____ |
| 3. | Tim Verwest | ZV Vlaardingen | 1.13.64 | 92-04675 | | _____ | _____ |
| 4. | Rene de Jong | ZV Vlaardingen | 1.15.07 | 66-00351 | | _____ | _____ |
| 5. | Nijs de Vos | SVO | 1.19.42 | 91-04705 | | _____ | _____ |
| 6. | Melano Winter | RSW | 1.22.23 | 87-03847 | | _____ | _____ |

Serie: 3

| | | | | | | | |
|----|------------------------|----------------|---------|----------|----|-------|-------|
| 1. | Tom vd Beemt | SCOM | 1.12.46 | 89-00147 | | _____ | _____ |
| 2. | Tai Wei Kan | SCOM | 1.12.31 | 95-02417 | | _____ | _____ |
| 3. | Rutger Dalm | Lansingh | 1.12.00 | 90-05561 | BM | _____ | _____ |
| 4. | Paul Notenboom | ZV Strijen | 1.12.05 | 88-05513 | | _____ | _____ |
| 5. | Dennis van Steenberghe | ZV Vlaardingen | 1.12.38 | 78-00999 | | _____ | _____ |
| 6. | Marco van Antwerpen | ZV Strijen | 1.12.52 | 80-00027 | | _____ | _____ |

Serie: 4

| | | | | | | | |
|----|--------------------|----------|---------|----------|----|-------|-------|
| 1. | Ivo Boon | Lansingh | 1.11.50 | 90-03873 | BM | _____ | _____ |
| 2. | Andre Sterk | SVO | 1.11.06 | 86-02989 | | _____ | _____ |
| 3. | Ferdy van Mastrigt | RSW | 1.08.79 | 88-02315 | BM | _____ | _____ |
| 4. | Oscar van Mastrigt | RSW | 1.09.88 | 90-01923 | BM | _____ | _____ |
| 5. | Mark Huijsman | Lansingh | 1.11.09 | 90-01305 | BM | _____ | _____ |
| 6. | Jim Geestman | RSW | 1.11.80 | 83-00699 | BM | _____ | _____ |

Serie: 5

| | | | | | | | |
|----|-------------------|----------|---------|----------|--|-------|-------|
| 1. | Robert Slappendel | Lansingh | 1.07.08 | 82-01583 | | _____ | _____ |
| 2. | Tim Pattipeiluhu | RSW | 1.04.92 | 89-02409 | | _____ | _____ |
| 3. | Stefan Groeneweg | Lansingh | 0.59.12 | 89-01039 | | _____ | _____ |
| 4. | Joeri Scheepens | SVO | 1.03.84 | 86-02689 | | _____ | _____ |
| 5. | Sven Kouwenhoven | Lansingh | 1.05.02 | 91-03381 | | _____ | _____ |
| 6. | Roy Pattipeiluhu | RSW | 1.07.80 | 91-01761 | | _____ | _____ |

Programmanummer: 39 50m Schoolsleg m. junioren 1 en later

Serie: 1

| | | | | | | Eindtijd | |
|----|----------------------|----------------|---------|----------|----|----------|--|
| 2. | Manon Kranendonk | ZV Strijen | 1.12.99 | 99-02444 | | _____ | |
| 3. | Zoë van Gool | Lansingh | 0.58.21 | 00-00964 | | _____ | |
| 4. | Yvonne van der Burgh | ZV Strijen | 0.58.88 | 99-02076 | | _____ | |
| 5. | Lisanne van Doorn | ZV Vlaardingen | | 00-03338 | BM | _____ | |

Serie: 2

| | | | | | | | |
|----|-------------------|----------------|---------|----------|--|-------|--|
| 1. | Rachel Telleman | SCOM | 0.56.59 | 99-02524 | | _____ | |
| 2. | Zoë Smit | ZV Vlaardingen | 0.55.43 | 00-01685 | | _____ | |
| 3. | Iva den Haan | Lansingh | 0.54.32 | 99-00882 | | _____ | |
| 4. | Annika Dubbeldam | ZV Strijen | 0.55.16 | 99-03016 | | _____ | |
| 5. | Lieke Ouwerkerk | Lansingh | 0.56.28 | 99-02414 | | _____ | |
| 6. | Claudia van Eeren | SCOM | 0.56.78 | 98-03068 | | _____ | |

Serie: 3

| | | | | | | | |
|----|---------------------|----------------|---------|----------|--|-------|--|
| 1. | Stacey Gardenier | ZV Vlaardingen | 0.51.44 | 00-00154 | | _____ | |
| 2. | Quinty Bolander | SCOM | 0.49.82 | 99-02522 | | _____ | |
| 3. | Cynthia Zwijnenburg | SVO | 0.45.50 | 98-00702 | | _____ | |
| 4. | Marcella Scheer | SVO | 0.49.27 | 99-01866 | | _____ | |
| 5. | Kaithlyn Boer | ZV Vlaardingen | 0.51.28 | 99-03078 | | _____ | |
| 6. | Dagmar Ham | SVO | 0.54.25 | 98-03136 | | _____ | |

Programmanummer: 40 50m Schoolslag j. minioren 6 en later

Serie: 1

| | | | | | | Eindtijd |
|----|----------------|----------------|---------|----------|----|----------|
| 1. | Yannick Blanck | Lansingh | 1.05.02 | 00-01515 | | _____ |
| 2. | Hunter Vos | ZV Vlaardingen | 1.00.45 | 98-04233 | | _____ |
| 3. | Bryan Gijzen | RSW | 0.56.26 | 99-02397 | BM | _____ |
| 5. | Kevin Poiesz | ZV Strijen | 1.00.48 | 00-01487 | | _____ |
| 6. | Aidan van Gool | Lansingh | 1.08.60 | 00-01773 | | _____ |

Serie: 2

| | | | | | | |
|----|-----------------------|----------------|---------|----------|--|-------|
| 1. | Sander van Witzenburg | ZV Vlaardingen | 0.54.06 | 98-02811 | | _____ |
| 2. | Bob de Voogd | ZV Vlaardingen | 0.53.42 | 00-00313 | | _____ |
| 3. | Ede Ojo | RSW | 0.50.73 | 98-00135 | | _____ |
| 4. | Erik Speksnijder | RSW | 0.53.11 | 00-01375 | | _____ |
| 5. | Alexander Djuric | RSW | 0.53.85 | 98-02669 | | _____ |
| 6. | Liam van Gool | Lansingh | 0.55.76 | 00-01111 | | _____ |

Programmanummer: 41 100m Rugslag m. senioren 2 en later

Serie: 1

| | | | | | | Eindtijd | 50m |
|----|--------------------------|----------------|---------|----------|----|----------|-------|
| 1. | Kayleigh van Wijngaarden | Lansingh | 1.32.24 | 93-06930 | BM | _____ | _____ |
| 2. | Jeanine van der Beek | Lansingh | 1.30.15 | 92-05664 | BM | _____ | _____ |
| 3. | Sanne van Delft | SVO | 1.24.64 | 95-01890 | | _____ | _____ |
| 4. | Jill Zevenbergen | SCOM | 1.28.72 | 92-02608 | | _____ | _____ |
| 5. | Iris Koster | ZV Vlaardingen | 1.30.90 | 96-05154 | | _____ | _____ |
| 6. | Sara de Vos | SVO | 1.33.68 | 94-06632 | | _____ | _____ |

Serie: 2

| | | | | | | | |
|----|--------------------|----------------|---------|----------|--|-------|-------|
| 1. | Rebecca van Eeren | SCOM | 1.20.25 | 93-06910 | | _____ | _____ |
| 2. | Amy van der Linden | ZV Strijen | 1.19.16 | 92-05722 | | _____ | _____ |
| 3. | Ruby Boudestein | Lansingh | 1.13.95 | 93-03430 | | _____ | _____ |
| 4. | Imani Berger | Lansingh | 1.18.90 | 93-01638 | | _____ | _____ |
| 5. | Daniek Gouw | Lansingh | 1.19.56 | 92-03024 | | _____ | _____ |
| 6. | Ramona Noordermeer | ZV Vlaardingen | 1.24.54 | 94-01746 | | _____ | _____ |

Programmanummer: 42 100m Rugslag j. jeugd 2 en later

Serie: 1

| | | | | | | | |
|----|--------------------|------|---------|----------|--|-------|-------|
| 2. | Melvin Hanswijk | SCOM | | 93-07025 | | _____ | _____ |
| 3. | Gillian Winter | RSW | 1.35.89 | 95-05449 | | _____ | _____ |
| 4. | Marcel van Leeuwen | RSW | 1.52.08 | 95-05517 | | _____ | _____ |

Serie: 2

| | | | | | | | |
|----|----------------------|----------------|---------|----------|--|-------|-------|
| 1. | Koen Bouma | ZV Vlaardingen | 1.26.66 | 93-04557 | | _____ | _____ |
| 2. | Davy de Greef | SVO | 1.15.49 | 93-05463 | | _____ | _____ |
| 3. | Stefan Grudelbach | ZV Vlaardingen | 1.10.12 | 92-02073 | | _____ | _____ |
| 4. | Tim Verwest | ZV Vlaardingen | 1.10.66 | 92-04675 | | _____ | _____ |
| 5. | Arte van Houwelingen | SVO | 1.21.17 | 92-06695 | | _____ | _____ |

Programmanummer: 43 50m Rugslag m. junioren 3 en later

Serie: 1

| | | | | | | Eindtijd |
|----|------------------------|----------------|---------|----------|--|----------|
| 1. | Desiree van Eeren | SCOM | 0.53.82 | 98-03070 | | _____ |
| 2. | Marloes van der Burgh | ZV Strijen | 0.50.33 | 96-05236 | | _____ |
| 3. | Chantal van de Vaart | ZV Vlaardingen | 0.47.29 | 98-02266 | | _____ |
| 4. | Meike de Greef | SVO | 0.48.05 | 96-05340 | | _____ |
| 5. | Melanie van der Hoeven | ZV Vlaardingen | 0.53.11 | 98-03518 | | _____ |
| 6. | Amy 't Mannetje | Lansingh | 0.54.75 | 98-03260 | | _____ |

Serie: 2

| | | | | | | |
|----|-----------------------|------------|---------|----------|--|-------|
| 1. | Tugba Ilgili | RSW | 0.44.66 | 97-05440 | | _____ |
| 2. | Rianne van der Ham | SVO | 0.43.44 | 96-04618 | | _____ |
| 3. | Renske de Vries | SCOM | 0.39.78 | 97-03330 | | _____ |
| 4. | Leanne Buitendijk | ZV Strijen | 0.42.70 | 96-01110 | | _____ |
| 5. | Romy-Fleur Stomp | SCOM | 0.44.24 | 96-05982 | | _____ |
| 6. | Marsha van der Heuvel | Lansingh | 0.45.29 | 98-01154 | | _____ |

Programmanummer: 44 50m Rugslag j. junioren 2 en later

Serie: 1

| | | | | | | Eindtijd |
|----|-------------------|----------------|---------|----------|----|----------|
| 1. | Hunter Vos | ZV Vlaardingen | 0.56.77 | 98-04233 | | _____ |
| 2. | Koen Hengst | ZV Vlaardingen | 0.52.14 | 97-04145 | | _____ |
| 3. | Ede Ojo | RSW | 0.48.72 | 98-00135 | | _____ |
| 4. | Kelvin van Houten | ZV Vlaardingen | 0.49.30 | 96-03135 | | _____ |
| 5. | Alexander Djuric | RSW | 0.52.45 | 98-02669 | | _____ |
| 6. | Tygo van Hassel | ZV Vlaardingen | | 97-04681 | BM | _____ |

Serie: 2

| | | | | | | |
|----|-------------------|------------|---------|----------|--|-------|
| 1. | Harmen den Hartog | SVO | 0.46.10 | 96-02227 | | _____ |
| 2. | Sam Beer | ZV Strijen | 0.40.99 | 96-00817 | | _____ |
| 3. | Johan Speksnijder | RSW | 0.37.66 | 97-00649 | | _____ |
| 4. | Paul Dorst | ZV Strijen | 0.40.27 | 96-03277 | | _____ |
| 5. | Mike Gerritse | SCOM | 0.45.59 | 96-02163 | | _____ |
| 6. | Jaap van Dalsen | Lansingh | 0.48.00 | 97-03469 | | _____ |

Programmanummer: 45 100m Wisselslag m. jeugd 2 en later

Serie: 1

| | | | | | | Eindtijd |
|----|-------------------|----------|---------|----------|----|----------|
| 2. | Carolien Gregoire | Lansingh | | 95-06404 | BM | _____ |
| 3. | Lisa Dootjes | Lansingh | 1.43.44 | 94-07016 | BM | _____ |
| 4. | Sasha Koptina | Lansingh | 1.44.43 | 95-06074 | | _____ |

Serie: 2

| | | | | | | |
|----|-------------------------|----------------|---------|----------|----|-------|
| 1. | Marsha van der Heuvel | Lansingh | 1.40.64 | 98-01154 | | _____ |
| 2. | Shelley van den Bosch | ZV Vlaardingen | 1.35.01 | 94-05700 | BM | _____ |
| 3. | Ramona van den Vrijhoef | ZV Vlaardingen | 1.29.08 | 94-05702 | | _____ |
| 4. | Kyra Grooten | SCOM | 1.29.18 | 94-06478 | | _____ |
| 5. | Nikki Gerritse | SCOM | 1.36.21 | 95-02954 | | _____ |
| 6. | Milou van Lieren | SVO | 1.41.91 | 94-06630 | | _____ |

Serie: 3

| | | | | | | |
|----|--------------------|----------------|---------|----------|--|-------|
| 1. | Sara de Vos | SVO | 1.27.42 | 94-06632 | | _____ |
| 2. | Brenda Mets | Lansingh | 1.25.58 | 94-02218 | | _____ |
| 3. | Sanne van Delft | SVO | 1.20.64 | 95-01890 | | _____ |
| 4. | Ramona Noordermeer | ZV Vlaardingen | 1.24.12 | 94-01746 | | _____ |
| 5. | Kelly Gardenier | ZV Vlaardingen | 1.26.46 | 94-06074 | | _____ |
| 6. | Karen van Dee | SCOM | 1.28.62 | 96-04074 | | _____ |

Programmanummer: 46 100m Wisselslag j. junioren 4 en later

Serie: 1

| | | | | | | Eindtijd |
|----|--------------------|----------------|---------|----------|----|----------|
| 2. | Thomas Grudelbach | ZV Vlaardingen | 1.33.38 | 95-00355 | BM | _____ |
| 3. | Gillian Winter | RSW | 1.23.42 | 95-05449 | | _____ |
| 4. | Vincent van Rees | ZV Vlaardingen | 1.33.26 | 94-05661 | | _____ |
| 5. | Niels Zwijnenburg | SVO | 1.41.93 | 95-03627 | | _____ |
| 6. | Marcel van Leeuwen | RSW | | 95-05517 | | _____ |

Serie: 2

| | | | | | | |
|----|----------------------|----------------|---------|----------|--|-------|
| 1. | Abdelkader Elmeziani | ZV Strijen | 1.20.31 | 94-01241 | | _____ |
| 2. | Tai Wei Kan | SCOM | 1.13.64 | 95-02417 | | _____ |
| 3. | Nick Cleintuar | ZV Vlaardingen | 1.12.23 | 95-03781 | | _____ |
| 4. | Cees van der Heide | SCOM | 1.13.36 | 95-03967 | | _____ |
| 5. | Eric de Jong | Lansingh | 1.20.20 | 94-00359 | | _____ |
| 6. | Lars v.d. Voorden | ZV Vlaardingen | 1.20.86 | 94-00429 | | _____ |

Programmanummer: 47 4x50m Wisselslag estafette dames

Serie: 1

| | | | | Eindtijd | 50m |
|----|----------------|--|---------|----------|-------|
| 1. | ZV Strijen | | 2.52.78 | _____ | _____ |
| 2. | ZV Vlaardingen | | 2.38.05 | _____ | _____ |
| 3. | Lansingh | | 2.18.29 | _____ | _____ |
| 4. | SVO | | 2.24.73 | _____ | _____ |
| 5. | SCOM | | 2.42.41 | _____ | _____ |

Programmanummer: 47 4x50m Wisselslag estafette dames

Lansingh

93-03430 Ruby Boudestein _____
 91-05176 Wendy Mets _____
 92-03024 Daniek Gouw _____
 88-01932 Aniek Huijsman _____

SVO

90-08064 Carolien Muilwijk _____
 96-04618 Rianne van der Ham _____
 87-02856 Evelien Muilwijk _____
 95-01890 Sanne van Delft _____

ZV Vlaardingen

94-01746 Ramona Noordermeer _____
 87-01824 Lisette van der Horde _____
 94-05700 Shelley van den Bosch _____
 94-06074 Kelly Gardenier _____

SCOM

93-06910 Rebecca van Eeren _____
 96-04074 Karen van Dee _____
 94-06478 Kyra Grooten _____
 92-02608 Jill Zevenbergen _____

ZV Strijen

96-01110 Leanne Buitendijk _____
 92-05722 Amy van der Linden _____
 96-05236 Marloes van der Burgh _____
 83-02724 Susan Korterink _____

Programmanummer: 48 4x50m Vrijeslag estafette heren

Serie: 1

| | | Eindtijd | 50m |
|----|----------------|----------|-------|
| 1. | ZV Strijen | 2.01.83 | _____ |
| 2. | ZV Vlaardingen | 1.48.61 | _____ |
| 3. | Lansingh 2 | 1.45.21 | _____ |
| 4. | RSW | 1.45.72 | _____ |
| 5. | SVO | 1.49.47 | _____ |
| 6. | SCOM | 2.01.92 | _____ |

Lansingh 2

89-01039 Stefan Groeneweg _____
 90-03873 Ivo Boon _____
 91-03381 Sven Kouwenhoven _____
 90-05561 Rutger Dalm _____

SCOM

93-07025 Melvin Hanswijk _____
 89-00147 Tom vd Beemt _____
 95-02417 Tai Wei Kan _____
 95-03967 Cees van der Heide _____

ZV Strijen

80-00027 Marco van Antwerpen _____
 96-03277 Paul Dorst _____
 88-05513 Paul Notenboom _____
 94-01241 Abdelkader Elmeziani _____

RSW

91-01761 Roy Pattipeiluhu _____
 83-00699 Jim Geestman _____
 90-01923 Oscar van Mastrigt _____
 89-02409 Tim Pattipeiluhu _____

SVO

90-01295 Bastiaan van Houwelingen _____
 86-02689 Joeri Scheepens _____
 86-02989 Andre Sterk _____
 93-05463 Davy de Greef _____

ZV Vlaardingen

80-01103 Bas van den Nouwelant _____
 92-02073 Stefan Grudelbach _____
 92-04675 Tim Verwest _____
 66-00351 Rene de Jong _____