

ZRO kringcompetitie deel 5



Programmanummer: 96 4x50m Wisselslag estafette dames/heren mix

JMIN6EL, MJUN1EL

| Serie: 1 | | | | Eindtijd | 50m |
|----------|---------------|----------|----------------------|----------|----------|
| 1. | ZV de Gooye | | 3.04.06 | | |
| | 1. | 96-01100 | Gerdine v.d. Boogert | 3. | 96-05466 |
| | 2. | 98-00231 | Niels Donkersloot | 4. | 97-00783 |
| 2. | De Duck | | 2.47.31 | | |
| | 1. | 97-02229 | Mike Hoek | 3. | 96-05142 |
| | 2. | 96-04476 | Céline Verhoef | 4. | 96-03229 |
| 3. | LAC | | 2.38.33 | | |
| | 1. | 96-01641 | Redouan Louche | 3. | 96-04712 |
| | 2. | 96-01681 | Boris Spiering | 4. | 96-01936 |
| 4. | DWF | | 2.41.62 | | |
| | 1. | 96-02736 | Anne de Heer | 3. | 96-01358 |
| | 2. | 96-02539 | Ruben Klarenaar | 4. | 98-01267 |
| 5. | MNC Dordrecht | | 2.50.33 | | |
| | 1. | 98-00616 | Brigitte Sleeking | 3. | 98-01450 |
| | 2. | 98-00565 | Dennis Bougrimov | 4. | 98-01367 |
| 6. | SVO | | 3.08.58 | | |
| | 1. | 96-02227 | Harmen den Hartog | 3. | 96-03454 |
| | 2. | 97-02419 | Marcel den Otter | 4. | 96-04618 |

Programmanummer: 97 8x50m Wisselslag estafette Mix - ru-ru-sc-sc-vl-vl-vr-vr

| Serie: 1 | | | | Eindtijd | |
|----------|---------------|----------|----------------------|----------|----------|
| 1. | ZV de Gooye | | 4.46.75 | | |
| | 1. | 90-06108 | Marijke Mandemaker | 5. | 95-00926 |
| | 2. | 91-04247 | Anthony Struijk | 6. | 87-03929 |
| | 3. | 94-04000 | Marije v. d. Boogert | 7. | 93-00412 |
| | 4. | 84-02689 | Jeroen Zoon | 8. | 90-02877 |
| 2. | De Duck | | 4.34.52 | | |
| | 1. | 93-00410 | Kirsten Knape | 5. | 93-02590 |
| | 2. | 91-02437 | Dex de Voogt | 6. | 92-00997 |
| | 3. | 93-03526 | Leontine Groeneveldt | 7. | 93-03522 |
| | 4. | 92-03695 | Brian van Geffen | 8. | 70-01431 |
| 3. | MNC Dordrecht | | 3.58.31 | | |
| | 1. | 90-03730 | Michal Thiele | 5. | 89-00737 |
| | 2. | 94-02982 | Francesca van Dongen | 6. | 86-02355 |
| | 3. | 95-02988 | Laura Advocaat | 7. | 90-00375 |
| | 4. | 85-01710 | Karin Kraaijeveld | 8. | 88-01647 |
| 4. | DWF | | 4.23.77 | | |
| | 1. | 92-04090 | Andrea Bakker | 5. | 92-02504 |
| | 2. | 87-00651 | Gerard Dekker | 6. | 84-02293 |
| | 3. | 91-05190 | Ploni Stuy | 7. | 76-00950 |
| | 4. | 84-02381 | David Verlek | 8. | 87-03265 |
| 5. | LAC | | 4.36.08 | | |
| | 1. | 95-01938 | Luanne Dors | 5. | 94-02662 |
| | 2. | 92-00203 | Lawrence Cross | 6. | 93-04223 |
| | 3. | 94-06782 | Nadia Metselaar | 7. | 93-05884 |
| | 4. | 90-03719 | Silvan Biesheuvel | 8. | 77-03183 |
| 6. | SVO | | 6.59.92 | | |
| | 1. | 89-03980 | Marina Sterk | 5. | 87-02856 |
| | 2. | 86-02989 | Andre Sterk | 6. | 86-02689 |
| | 3. | 92-03626 | Lotte Eilers | 7. | 90-08064 |
| | 4. | 83-01905 | Michael Schreuders | 8. | 93-05463 |

ZRO kringcompetitie deel 5



Programmanummer: 98 50m Rugslag m. jeugd 2 en later

| | | | | | Eindtijd |
|-----------------|-----------------|-------------|---------|----------|----------|
| Serie: 1 | | | | | |
| 2. | Jorieke Wolfert | ZV de Gooye | 0.43.93 | 95-00928 | _____ |
| 3. | Carina Bimmel | De Duck | 0.41.92 | 92-06092 | _____ |
| 4. | Anne de Kok | ZV de Gooye | 0.43.45 | 93-00412 | _____ |

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|-----------------|-------------------|---------------|---------|----------|-------|
| Serie: 2 | | | | | |
| 1. | Melissa Knops | ZV de Gooye | 0.41.49 | 94-00214 | _____ |
| 2. | Mandy Vonk | SVO | 0.40.72 | 93-05126 | _____ |
| 3. | Gaby Bakx | MNC Dordrecht | 0.39.62 | 94-03544 | _____ |
| 4. | Bjula Kroonenberg | MNC Dordrecht | 0.40.16 | 94-06354 | _____ |
| 5. | Rianne Timmers | LAC | 0.41.31 | 96-01936 | _____ |
| 6. | Ria Kortlever | DWF | 0.41.54 | 92-07576 | _____ |

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|-----------------|-------------------------|---------------|---------|----------|-------|
| Serie: 3 | | | | | |
| 1. | Manouk Engelsma | De Duck | 0.39.21 | 92-04846 | _____ |
| 2. | Luanne Dors | LAC | 0.38.92 | 95-01938 | _____ |
| 3. | Anouk de Vaal | MNC Dordrecht | 0.37.47 | 93-06062 | _____ |
| 4. | Sabine van Heteren | DWF | 0.38.17 | 93-01150 | _____ |
| 5. | Lotte Eilers | SVO | 0.38.94 | 92-03626 | _____ |
| 6. | Dominique van der Vlist | SVO | 0.39.47 | 92-04334 | _____ |

Programmanummer: 99 50m Rugslag i. junioren 4 en later

| | | | | | Eindtijd |
|-----------------|-------------------|---------------|---------|----------|----------|
| Serie: 1 | | | | | |
| 1. | Edwin Vermeulen | De Duck | 0.46.95 | 93-06695 | _____ |
| 2. | Frank van 't Hoff | DWF | 0.40.36 | 93-00201 | BM _____ |
| 3. | Bart van Pelt | MNC Dordrecht | 0.39.69 | 94-04069 | _____ |
| 4. | Nils Stuy | DWF | 0.39.96 | 93-06721 | _____ |
| 5. | Dalibor Vlaovic | LAC | 0.42.14 | 93-05483 | BM _____ |

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|-----------------|----------------------|---------------|---------|----------|-------|
| Serie: 2 | | | | | |
| 1. | Pieter Wolfert | ZV de Gooye | 0.38.13 | 94-00201 | _____ |
| 2. | Arte van Houwelingen | SVO | 0.36.77 | 92-06695 | _____ |
| 3. | Eric Wolfert | ZV de Gooye | 0.36.36 | 92-02103 | _____ |
| 4. | Sander Gribling | LAC | 0.36.77 | 92-05311 | _____ |
| 5. | Joris Kraaijenstein | MNC Dordrecht | 0.37.14 | 95-02167 | _____ |
| 6. | Berend Valke | DWF | 0.38.78 | 93-00753 | _____ |

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|-----------------|---------------------|-------------|---------|----------|-------|
| Serie: 3 | | | | | |
| 1. | Marco Ambrosini | LAC | 0.34.67 | 93-06175 | _____ |
| 2. | Tarik Faria | LAC | 0.34.58 | 93-04223 | _____ |
| 3. | Davy de Greef | SVO | 0.34.12 | 93-05463 | _____ |
| 4. | Coen van der Wekken | ZV de Gooye | 0.34.23 | 92-02965 | _____ |
| 5. | Per van der Wiel | DWF | 0.34.64 | 93-05327 | _____ |
| 6. | Rolf Boef | De Duck | 0.35.62 | 92-05145 | _____ |

Programmanummer: 100 100m Vlinderslag m. senioren 2 en later

| | | | | | Eindtijd | 50m |
|-----------------|-----------------|---------------|---------|----------|----------|-------|
| Serie: 1 | | | | | | |
| 2. | Femke Peet | SVO | 1.41.24 | 90-06542 | _____ | _____ |
| 3. | Angela de Jager | MNC Dordrecht | 1.40.36 | 95-03506 | _____ | _____ |
| 4. | Claire Galjart | LAC | 1.40.42 | 95-00760 | _____ | _____ |

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|-----------------|----------------------|---------|---------|----------|-------|-------|
| Serie: 2 | | | | | | |
| 1. | Isabel Spit | LAC | 1.37.43 | 96-04712 | _____ | _____ |
| 2. | Nicole Redelijkheid | DWF | 1.34.13 | 90-07692 | _____ | _____ |
| 3. | Whitney Neerhout | LAC | 1.26.84 | 93-04330 | _____ | _____ |
| 4. | Sandra Vermeulen | De Duck | 1.33.53 | 93-03522 | _____ | _____ |
| 5. | Leontine Groeneveldt | De Duck | 1.34.68 | 93-03526 | _____ | _____ |

ZRO kringcompetitie deel 5



Vervolg Programmanummer: 100 100m Vlinderslag m. senioren 2 en later

Serie: 3

| | | | | | | |
|----|--------------------|---------------|---------|----------|-------|-------|
| 1. | Marijke Mandemaker | ZV de Gooye | 1.19.57 | 90-06108 | _____ | _____ |
| 2. | Sharelle Hartman | DWF | 1.17.79 | 92-02504 | _____ | _____ |
| 3. | Ploni Stuy | DWF | 1.10.27 | 91-05190 | _____ | _____ |
| 4. | Michal Thiele | MNC Dordrecht | 1.15.80 | 90-03730 | _____ | _____ |
| 5. | Laura Advocaat | MNC Dordrecht | 1.18.16 | 95-02988 | _____ | _____ |
| 6. | Carolien Mulwijk | SVO | 1.24.59 | 90-08064 | _____ | _____ |

Programmanummer: 101 100m Vlinderslag j. jeugd 2 en later

Serie: 1

| | | | | | Eindtijd | 50m |
|----|--------------------------|-------------|---------|----------|----------|-------|
| 2. | Laurens Kalis | DWF | 1.31.75 | 91-01141 | _____ | _____ |
| 3. | Bastiaan van Houwelingen | SVO | 1.28.31 | 90-01295 | _____ | _____ |
| 4. | Jos Terlouw | ZV de Gooye | 1.28.54 | 94-00601 | _____ | _____ |

Serie: 2

| | | | | | | |
|----|-------------------|---------|---------|----------|-------|-------|
| 1. | Nijs de Vos | SVO | 1.27.92 | 91-04705 | _____ | _____ |
| 2. | Tarik Faria | LAC | 1.19.18 | 93-04223 | _____ | _____ |
| 3. | Brian van Geffen | De Duck | 1.14.32 | 92-03695 | _____ | _____ |
| 4. | Jim Veerkamp | DWF | 1.18.56 | 91-06943 | _____ | _____ |
| 5. | Luuk Leeuwenstein | DWF | 1.23.34 | 90-06891 | _____ | _____ |

Serie: 3

| | | | | | | |
|----|---------------------|---------------|---------|----------|-------|-------|
| 1. | Dex de Voogt | De Duck | 1.11.83 | 91-02437 | _____ | _____ |
| 2. | Lawrence Cross | LAC | 1.10.97 | 92-00203 | _____ | _____ |
| 3. | Anne Terlouw | ZV de Gooye | 1.07.31 | 90-02877 | _____ | _____ |
| 4. | Jesper Bouman | MNC Dordrecht | 1.09.34 | 90-00375 | _____ | _____ |
| 5. | Anthony Struijk | ZV de Gooye | 1.11.33 | 91-04247 | _____ | _____ |
| 6. | Armenak Hairabetian | MNC Dordrecht | 1.12.83 | 91-05531 | _____ | _____ |

Programmanummer: 102 200m Vrijslag m. junioren 3 en later

Serie: 1

| | | | | | Eindtijd | 50m | 100m |
|----|--------------------|-------------|---------|----------|----------|-------|-------|
| 2. | Babette Schep | SVO | 3.19.88 | 94-05096 | _____ | _____ | _____ |
| 3. | Iris Roskam | De Duck | 3.07.60 | 95-05854 | _____ | _____ | _____ |
| 4. | Danielle de Visser | ZV de Gooye | 3.13.74 | 95-05890 | _____ | _____ | _____ |
| 5. | Lenneke Bagijn | De Duck | | 96-04992 | _____ | _____ | _____ |
| 6. | Sara de Vos | SVO | | 94-06632 | _____ | _____ | _____ |

Serie: 2

| | | | | | | | |
|----|----------------------|---------------|---------|----------|-------|-------|-------|
| 1. | Naomi van Gool | MNC Dordrecht | 2.58.99 | 95-05166 | _____ | _____ | _____ |
| 2. | Daniëlle de Klein | DWF | 2.56.39 | 94-04786 | _____ | _____ | _____ |
| 3. | Nadia Metselaar | LAC | 2.51.72 | 94-06782 | _____ | _____ | _____ |
| 4. | Janneke Japenga | ZV de Gooye | 2.53.27 | 95-00926 | _____ | _____ | _____ |
| 5. | Céline Verhoef | De Duck | 2.57.73 | 96-04476 | _____ | _____ | _____ |
| 6. | Marije v. d. Boogert | ZV de Gooye | 3.01.45 | 94-04000 | _____ | _____ | _____ |

Serie: 3

| | | | | | | | |
|----|----------------------|---------------|---------|----------|-------|-------|-------|
| 1. | Sanne van Delft | SVO | 2.41.29 | 95-01890 | _____ | _____ | _____ |
| 2. | Francesca van Dongen | MNC Dordrecht | 2.34.56 | 94-02982 | _____ | _____ | _____ |
| 3. | Liona Timmers | LAC | 2.30.94 | 94-02662 | _____ | _____ | _____ |
| 4. | Laura Advocaat | MNC Dordrecht | 2.31.33 | 95-02988 | _____ | _____ | _____ |
| 5. | Julia Mijster | DWF | 2.39.03 | 96-02742 | _____ | _____ | _____ |
| 6. | Debby Kraaijeveld | DWF | 2.49.80 | 96-01358 | _____ | _____ | _____ |

ZRO kringcompetitie deel 5



Programmanummer: 103 200m Vrijeslag j. junioren 2 en later

| | | | | | | Eindtijd | 50m | 100m |
|-----------------|-------------------|---------|---------|----------|----|----------|-------|------|
| Serie: 1 | | | | | | | | |
| 1. | Niels Zwijnenburg | SVO | | 95-03627 | | _____ | _____ | |
| 2. | Selim Barraho | LAC | | 96-04249 | BM | _____ | _____ | |
| 3. | Arno de Bruijn | DWF | 3.07.15 | 95-04411 | | _____ | _____ | |
| 4. | Stefan Vermeulen | De Duck | 3.28.70 | 94-05123 | | _____ | _____ | |
| 5. | Alex Pap | SVO | | 95-05047 | | _____ | _____ | |

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|-----------------|---------------------|-------------|---------|----------|--|-------|-------|--|
| Serie: 2 | | | | | | | | |
| 1. | Martijn van den Hul | LAC | 3.01.77 | 94-04981 | | _____ | _____ | |
| 2. | Vincent Kraaijeveld | DWF | 2.50.95 | 94-01617 | | _____ | _____ | |
| 3. | Ramon van Huizen | ZV de Gooye | 2.45.64 | 94-00945 | | _____ | _____ | |
| 4. | Koen Roobol | LAC | 2.46.18 | 94-03209 | | _____ | _____ | |
| 5. | Marnick de Bruin | DWF | 2.54.96 | 94-03623 | | _____ | _____ | |
| 6. | Paco de Voogt | De Duck | 3.04.55 | 94-00859 | | _____ | _____ | |

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| Serie: 3 | | | | | | | | |
| 1. | Sander Asjes | LAC | 2.37.29 | 95-03787 | | _____ | _____ | |
| 2. | Jaco Struijk | ZV de Gooye | 2.32.56 | 94-01323 | | _____ | _____ | |
| 3. | Koen Jongejan | ZV de Gooye | 2.28.81 | 95-02945 | | _____ | _____ | |
| 4. | Marc Advocaat | MNC Dordrecht | 2.30.45 | 94-02603 | | _____ | _____ | |
| 5. | Daniël Dikken | De Duck | 2.34.92 | 95-00385 | | _____ | _____ | |
| 6. | Bart van Pelt | MNC Dordrecht | 2.37.35 | 94-04069 | | _____ | _____ | |

Programmanummer: 104 100m Rugslag dames

| | | | | | | Eindtijd | 50m |
|-----------------|-----------------|---------|---------|----------|--|----------|-------|
| Serie: 1 | | | | | | | |
| 2. | Marian Nederlof | DWF | | 76-00950 | | _____ | _____ |
| 3. | Rebecca Verlek | DWF | 1.29.39 | 86-03752 | | _____ | _____ |
| 4. | Carina Bimmel | De Duck | 1.29.68 | 92-06092 | | _____ | _____ |

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|-----------------|-------------------|---------------|---------|----------|--|-------|-------|
| Serie: 2 | | | | | | | |
| 2. | Angela de Jager | MNC Dordrecht | 1.27.28 | 95-03506 | | _____ | _____ |
| 3. | Luanne Dors | LAC | 1.25.69 | 95-01938 | | _____ | _____ |
| 4. | Caroline Gribling | LAC | 1.26.51 | 93-05884 | | _____ | _____ |
| 5. | Sandra Vermeulen | De Duck | 1.28.26 | 93-03522 | | _____ | _____ |

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|-----------------|-------------------|---------------|---------|----------|--|-------|-------|
| Serie: 3 | | | | | | | |
| 1. | Andrea Bakker | DWF | 1.24.73 | 92-04090 | | _____ | _____ |
| 2. | Gemma den Toom | SVO | 1.21.18 | 88-04318 | | _____ | _____ |
| 3. | Karin Kraaijeveld | MNC Dordrecht | 1.10.80 | 85-01710 | | _____ | _____ |
| 4. | Evelien Mulwijk | SVO | 1.13.85 | 87-02856 | | _____ | _____ |
| 5. | Marina Sterk | SVO | 1.22.37 | 89-03980 | | _____ | _____ |
| 6. | Gaby Bakx | MNC Dordrecht | 1.25.29 | 94-03544 | | _____ | _____ |

Programmanummer: 105 100m Rugslag heren

| | | | | | | Eindtijd | 50m |
|-----------------|------------------------|-------------|---------|----------|----|----------|-------|
| Serie: 1 | | | | | | | |
| 2. | Jeroen Zoon | ZV de Gooye | 1.16.81 | 84-02689 | | _____ | _____ |
| 3. | Matijs van den Eijnden | LAC | 1.14.52 | 77-03183 | | _____ | _____ |
| 4. | John Strijker | DWF | 1.16.45 | 87-03265 | BM | _____ | _____ |
| 5. | Michel Hoek | De Duck | 1.22.18 | 70-01431 | | _____ | _____ |
| 6. | Jonathan van Stelle | De Duck | 1.35.75 | 85-03663 | | _____ | _____ |

ZRO kringcompetitie deel 5



Vervolg Programmanummer: 105 100m Rugslag heren

Serie: 2

| | | | | | | |
|----|--------------------|-------------|---------|----------|-------|-------|
| 1. | Silvan Biesheuvel | LAC | 1.13.84 | 90-03719 | _____ | _____ |
| 2. | Bastian Zoon | ZV de Gooye | 1.09.78 | 87-03929 | _____ | _____ |
| 3. | David Verlek | DWF | 1.08.12 | 84-02381 | _____ | _____ |
| 4. | Lawrence Cross | LAC | 1.09.06 | 92-00203 | _____ | _____ |
| 5. | Andre Sterk | SVO | 1.10.10 | 86-02989 | _____ | _____ |
| 6. | Michael Schreuders | SVO | 1.14.46 | 83-01905 | _____ | _____ |

Serie: 3

| | | | | | | |
|----|-----------------|---------------|---------|----------|-------|-------|
| 1. | Gerard Dekker | DWF | 1.07.69 | 87-00651 | _____ | _____ |
| 2. | Mario Peeters | MNC Dordrecht | 1.07.21 | 86-02355 | _____ | _____ |
| 3. | Martijn Dolk | MNC Dordrecht | 1.01.73 | 89-00737 | _____ | _____ |
| 4. | Johnny den Uil | DWF | 1.05.04 | 84-02293 | _____ | _____ |
| 5. | Nick van Ingen | MNC Dordrecht | 1.07.23 | 88-01647 | _____ | _____ |
| 6. | Joeri Scheepens | SVO | 1.07.83 | 86-02689 | _____ | _____ |

Programmanummer: 106 100m Wisselslag m. junioren 1 en later

Serie: 1

| | | | | | | |
|----|----------------------|-------------|---------|----------|--|--------------------------|
| 1. | Claudia Guldemeester | ZV de Gooye | | 96-05462 | | Eindtijd _____ |
| 2. | Denise Guldemeester | ZV de Gooye | | 96-05466 | | _____ |
| 3. | Gerdine v.d. Boogert | ZV de Gooye | 1.47.00 | 96-01100 | | _____ |
| 4. | Lenneke Bagijn | De Duck | 1.55.46 | 96-04992 | | _____ |
| 5. | Denise de Groot | De Duck | | 96-05142 | | _____ |

Serie: 2

| | | | | | | |
|----|----------------------|---------------|---------|----------|--|-------|
| 1. | Laura de Jager | MNC Dordrecht | 1.41.50 | 97-02018 | | _____ |
| 2. | Rianne van der Ham | SVO | 1.36.99 | 96-04618 | | _____ |
| 3. | Nilce Mendes Barbosa | LAC | 1.34.49 | 98-00214 | | _____ |
| 4. | Brigitte Sleeking | MNC Dordrecht | 1.35.18 | 98-00616 | | _____ |
| 5. | Judith de Heer | DWF | 1.37.02 | 96-02738 | | _____ |
| 6. | Meike de Greef | SVO | 1.44.19 | 96-05340 | | _____ |

Serie: 3

| | | | | | | |
|----|-------------------|---------------|---------|----------|--|-------|
| 1. | Priscilla Boon | SVO | 1.31.84 | 96-03454 | | _____ |
| 2. | Kim Busch | MNC Dordrecht | 1.28.85 | 98-01450 | | _____ |
| 3. | Debby Kraaijeveld | DWF | 1.24.66 | 96-01358 | | _____ |
| 4. | Anne de Heer | DWF | 1.26.86 | 96-02736 | | _____ |
| 5. | Rianne Timmers | LAC | 1.28.99 | 96-01936 | | _____ |
| 6. | Isabel Spit | LAC | 1.32.85 | 96-04712 | | _____ |

Programmanummer: 107 100m Wisselslag j. minioren 6 en later

Serie: 1

| | | | | | | |
|----|-------------------|---------------|---------|----------|--|--------------------------|
| 2. | Stijn Geelen | MNC Dordrecht | 1.52.63 | 98-01363 | | Eindtijd _____ |
| 3. | Koen van Kan | MNC Dordrecht | 1.49.60 | 98-01367 | | _____ |
| 4. | Harmen den Hartog | SVO | 1.50.43 | 96-02227 | | _____ |
| 5. | Marcel den Otter | SVO | 1.58.72 | 97-02419 | | _____ |

Serie: 2

| | | | | | | |
|----|------------------|---------------|---------|----------|----|-------|
| 1. | Jelle Roskam | De Duck | 1.47.00 | 98-01735 | | _____ |
| 2. | Arda Kaya | LAC | 1.39.29 | 96-01255 | | _____ |
| 3. | Dennis Bougrimov | MNC Dordrecht | 1.38.46 | 98-00565 | | _____ |
| 4. | Delano van Reede | DWF | 1.38.73 | 98-01267 | | _____ |
| 5. | Selim Barraho | LAC | 1.46.16 | 96-04249 | BM | _____ |
| 6. | Sander de Vos | ZV de Gooye | 1.47.18 | 97-00783 | | _____ |

ZRO kringcompetitie deel 5



Vervolg Programmanummer: 107 100m Wisselslag j. minioren 6 en later

Serie: 3

| | | | | | |
|----|-------------------|-------------|---------|----------|-------|
| 1. | Redouan Louche | LAC | 1.33.94 | 96-01641 | _____ |
| 2. | Boris Spiering | LAC | 1.30.32 | 96-01681 | _____ |
| 3. | Mike Hoek | De Duck | 1.28.06 | 97-02229 | _____ |
| 4. | Michael de Joode | De Duck | 1.29.22 | 96-03229 | _____ |
| 5. | Ruben Klarenaar | DWF | 1.30.89 | 96-02539 | _____ |
| 6. | Niels Donkersloot | ZV de Gooye | 1.36.15 | 98-00231 | _____ |

Programmanummer: 108 100m Vrijeslag m. senioren 2 en later

Serie: 1

| | | | | | Eindtijd | 50m |
|----|-------------------|---------------|---------|----------|----------|-------|
| 2. | Naomi van Gool | MNC Dordrecht | 1.24.70 | 95-05166 | _____ | _____ |
| 3. | Demi van Tongeren | De Duck | 1.20.06 | 93-02590 | _____ | _____ |
| 4. | Manouk Engelsma | De Duck | 1.20.76 | 92-04846 | _____ | _____ |

Serie: 2

| | | | | | | |
|----|---------------------|---------|---------|----------|-------|-------|
| 1. | Nicole Redelijkheid | DWF | 1.16.67 | 90-07692 | _____ | _____ |
| 2. | Carolien Muilwijk | SVO | 1.12.11 | 90-08064 | _____ | _____ |
| 3. | Caroline Gribling | LAC | 1.11.15 | 93-05884 | _____ | _____ |
| 4. | Kirsten Knape | De Duck | 1.11.70 | 93-00410 | _____ | _____ |
| 5. | Femke Peet | SVO | 1.16.10 | 90-06542 | _____ | _____ |

Serie: 3

| | | | | | | |
|----|--------------------|---------------|---------|----------|-------|-------|
| 1. | Marijke Mandemaker | ZV de Gooye | 1.08.87 | 90-06108 | _____ | _____ |
| 2. | Liona Timmers | LAC | 1.05.66 | 94-02662 | _____ | _____ |
| 3. | Michal Thiele | MNC Dordrecht | 1.01.80 | 90-03730 | _____ | _____ |
| 4. | Ploni Stuy | DWF | 1.01.97 | 91-05190 | _____ | _____ |
| 5. | Sharelle Hartman | DWF | 1.08.19 | 92-02504 | _____ | _____ |
| 6. | Anouk de Vaal | MNC Dordrecht | 1.09.71 | 93-06062 | _____ | _____ |

Programmanummer: 109 100m Vrijeslag j. jeugd 2 en later

Serie: 1

| | | | | | Eindtijd | 50m |
|----|--------------------------|-------------|---------|----------|----------|-------|
| 1. | Luuk Leeuwenstein | DWF | 1.09.64 | 90-06891 | _____ | _____ |
| 2. | Sander Gribling | LAC | 1.06.90 | 92-05311 | _____ | _____ |
| 3. | Bastiaan van Houwelingen | SVO | 1.04.68 | 90-01295 | _____ | _____ |
| 4. | Nijs de Vos | SVO | 1.06.10 | 91-04705 | _____ | _____ |
| 5. | Berend Valke | DWF | 1.07.12 | 93-00753 | _____ | _____ |
| 6. | Pieter Wolfert | ZV de Gooye | 1.12.65 | 94-00201 | _____ | _____ |

Serie: 2

| | | | | | | |
|----|---------------------|---------------|---------|----------|-------|-------|
| 1. | Jesper Bouman | MNC Dordrecht | 1.02.83 | 90-00375 | _____ | _____ |
| 2. | Jim Veerkamp | DWF | 1.01.90 | 91-06943 | _____ | _____ |
| 3. | Davy de Greef | SVO | 1.01.11 | 93-05463 | _____ | _____ |
| 4. | Anthony Struijk | ZV de Gooye | 1.01.32 | 91-04247 | _____ | _____ |
| 5. | Armenak Hairabetian | MNC Dordrecht | 1.02.18 | 91-05531 | _____ | _____ |
| 6. | Coen van der Wekken | ZV de Gooye | 1.04.08 | 92-02965 | BM | _____ |

Serie: 3

| | | | | | | |
|------|-------------------|-------------|---------|----------|-------|-------|
| 1. | Lawrence Cross | LAC | 1.00.44 | 92-00203 | _____ | _____ |
| 2. | Silvan Biesheuvel | LAC | 0.59.38 | 90-03719 | _____ | _____ |
| 3. | Dex de Voogt | De Duck | 0.58.54 | 91-02437 | _____ | _____ |
| 4. | Anne Terlouw | ZV de Gooye | 0.58.68 | 90-02877 | _____ | _____ |
| 5. | Jesper Oranje | De Duck | 0.59.85 | 92-00997 | _____ | _____ |
| 6. | Brian van Geffen | De Duck | 1.00.80 | 92-03695 | _____ | _____ |
| Res. | Laurens Kalis | DWF | 1.13.99 | 91-01141 | _____ | _____ |

ZRO kringcompetitie deel 5



Programmanummer: 110 50m Schoolsleg dames

Serie: 1

| | | | | | Eindtijd |
|----|-------------------|---------------|---------|----------|----------|
| 2. | Bjula Kroonenberg | MNC Dordrecht | 0.48.62 | 94-06354 | _____ |
| 3. | Céline Verhoef | De Duck | 0.44.81 | 96-04476 | _____ |
| 4. | Kirsten Knape | De Duck | 0.45.02 | 93-00410 | _____ |

Serie: 2

| | | | | | |
|----|-----------------|-----|---------|----------|-------|
| 2. | Rebecca Verlek | DWF | 0.44.66 | 86-03752 | _____ |
| 3. | Marian Nederlof | DWF | 0.43.30 | 76-00950 | _____ |
| 4. | Gemma den Toom | SVO | 0.44.16 | 88-04318 | _____ |
| 5. | Claire Galjart | LAC | 0.44.78 | 95-00760 | _____ |

Serie: 3

| | | | | | |
|----|----------------------|---------------|---------|----------|-------|
| 1. | Evelien Muilwijk | SVO | 0.41.31 | 87-02856 | _____ |
| 2. | Leontine Groeneveldt | De Duck | 0.40.62 | 93-03526 | _____ |
| 3. | Karin Kraaijeveld | MNC Dordrecht | 0.39.21 | 85-01710 | _____ |
| 4. | Michal Thiele | MNC Dordrecht | 0.40.55 | 90-03730 | _____ |
| 5. | Marina Sterk | SVO | 0.40.79 | 89-03980 | _____ |
| 6. | Whitney Neerhout | LAC | 0.42.96 | 93-04330 | _____ |

Programmanummer: 111 50m Schoolsleg heren

Serie: 1

| | | | | | Eindtijd |
|----|------------------------|-------------|---------|----------|----------|
| 1. | Jonathan van Stelle | De Duck | 0.45.20 | 85-03663 | _____ |
| 2. | Michel Hoek | De Duck | 0.38.63 | 70-01431 | _____ |
| 3. | Matijs van den Eijnden | LAC | 0.38.44 | 77-03183 | _____ |
| 4. | Jesper Oranje | De Duck | 0.38.56 | 92-00997 | _____ |
| 5. | Jeroen Zoon | ZV de Gooye | 0.41.19 | 84-02689 | _____ |

Serie: 2

| | | | | | |
|----|--------------------|-----|---------|----------|----------|
| 1. | Andre Sterk | SVO | 0.37.20 | 86-02989 | _____ |
| 2. | Silvan Biesheuvel | LAC | 0.36.63 | 90-03719 | _____ |
| 3. | Gerard Dekker | DWF | 0.35.42 | 87-00651 | _____ |
| 4. | Michael Schreuders | SVO | 0.36.36 | 83-01905 | _____ |
| 5. | Joeri Scheepens | SVO | 0.36.92 | 86-02689 | _____ |
| 6. | John Strijker | DWF | 0.37.38 | 87-03265 | BM _____ |

Serie: 3

| | | | | | |
|----|----------------|---------------|---------|----------|-------|
| 1. | David Verlek | DWF | 0.33.65 | 84-02381 | _____ |
| 2. | Nick van Ingen | MNC Dordrecht | 0.33.09 | 88-01647 | _____ |
| 3. | Mario Peeters | MNC Dordrecht | 0.32.97 | 86-02355 | _____ |
| 4. | Johnny den Uil | DWF | 0.32.99 | 84-02293 | _____ |
| 5. | Martijn Dolk | MNC Dordrecht | 0.33.56 | 89-00737 | _____ |
| 6. | Bastian Zoon | ZV de Gooye | 0.34.63 | 87-03929 | _____ |

Programmanummer: 112 100m Schoolsleg m. jeugd 2 en later

Serie: 1

| | | | | | Eindtijd | 50m |
|----|-------------------------|---------------|---------|----------|----------|-------|
| 1. | Anne de Kok | ZV de Gooye | 1.49.82 | 93-00412 | _____ | _____ |
| 2. | Dominique van der Vlist | SVO | 1.45.86 | 92-04334 | _____ | _____ |
| 3. | Gaby Bakx | MNC Dordrecht | 1.41.47 | 94-03544 | _____ | _____ |
| 4. | Marije v. d. Boogert | ZV de Gooye | 1.43.24 | 94-04000 | _____ | _____ |
| 5. | Bjula Kroonenberg | MNC Dordrecht | 1.45.95 | 94-06354 | _____ | _____ |
| 6. | Janneke Japenga | ZV de Gooye | 1.54.75 | 95-00926 | _____ | _____ |

ZRO kringcompetitie deel 5



Vervolg Programmanummer: 112 100m Schoolslag m. jeugd 2 en later

Serie: 2

| | | | | | | |
|----|--------------------|---------|---------|----------|-------|-------|
| 1. | Manouk Engelsma | De Duck | 1.38.92 | 92-04846 | _____ | _____ |
| 2. | Ria Kortlever | DWF | 1.37.24 | 92-07576 | _____ | _____ |
| 3. | Whitney Neerhout | LAC | 1.36.20 | 93-04330 | _____ | _____ |
| 4. | Sabine van Heteren | DWF | 1.37.00 | 93-01150 | _____ | _____ |
| 5. | Demi van Tongeren | De Duck | 1.38.37 | 93-02590 | _____ | _____ |
| 6. | Andrea Bakker | DWF | 1.40.78 | 92-04090 | _____ | _____ |

Serie: 3

| | | | | | | |
|----|-------------------|---------------|---------|----------|-------|-------|
| 1. | Nadia Metselaar | LAC | 1.33.47 | 94-06782 | _____ | _____ |
| 2. | Anouk de Vaal | MNC Dordrecht | 1.31.87 | 93-06062 | _____ | _____ |
| 3. | Lotte Eilers | SVO | 1.28.79 | 92-03626 | _____ | _____ |
| 4. | Caroline Gribling | LAC | 1.31.34 | 93-05884 | _____ | _____ |
| 5. | Mandy Vonk | SVO | 1.33.12 | 93-05126 | _____ | _____ |
| 6. | Carina Bimmel | De Duck | 1.34.27 | 92-06092 | _____ | _____ |

Programmanummer: 113 100m Schoolslag j. junioren 4 en later

Serie: 1

| | | | | | Eindtijd | 50m |
|----|----------------------|---------------|---------|----------|----------|-------|
| 1. | Edwin Vermeulen | De Duck | 1.41.14 | 93-06695 | _____ | _____ |
| 2. | Dalibor Vlaovic | LAC | 1.36.46 | 93-05483 | BM | _____ |
| 3. | Bart van Pelt | MNC Dordrecht | 1.34.51 | 94-04069 | _____ | _____ |
| 4. | Arte van Houwelingen | SVO | 1.36.44 | 92-06695 | _____ | _____ |
| 5. | Daniël Dikken | De Duck | 1.38.45 | 95-00385 | _____ | _____ |
| 6. | Nils Stuy | DWF | 1.44.14 | 93-06721 | _____ | _____ |

Serie: 2

| | | | | | | |
|----|-------------------|-------------|---------|----------|-------|-------|
| 1. | Boris Spiering | LAC | 1.33.32 | 96-01681 | _____ | _____ |
| 2. | Sander Asjes | LAC | 1.30.77 | 95-03787 | _____ | _____ |
| 3. | Frank van 't Hoff | DWF | 1.28.91 | 93-00201 | _____ | _____ |
| 4. | Tarik Faria | LAC | 1.29.38 | 93-04223 | _____ | _____ |
| 5. | Jos Terlouw | ZV de Gooye | 1.31.15 | 94-00601 | _____ | _____ |
| 6. | Eric Wolfert | ZV de Gooye | 1.33.80 | 92-02103 | _____ | _____ |

Serie: 3

| | | | | | | |
|----|---------------------|---------------|---------|----------|-------|-------|
| 1. | Per van der Wiel | DWF | 1.25.68 | 93-05327 | _____ | _____ |
| 2. | Davy de Greef | SVO | 1.22.70 | 93-05463 | _____ | _____ |
| 3. | Rolf Boef | De Duck | 1.16.00 | 92-05145 | _____ | _____ |
| 4. | Joris Kraaijenstein | MNC Dordrecht | 1.21.89 | 95-02167 | _____ | _____ |
| 5. | Coen van der Wekken | ZV de Gooye | 1.25.53 | 92-02965 | _____ | _____ |
| 6. | Marc Advocaat | MNC Dordrecht | 1.28.70 | 94-02603 | _____ | _____ |

Programmanummer: 114 50m Schoolslag m. junioren 3 en later

Serie: 1

| | | | | | Eindtijd | |
|----|--------------------|-------------|---------|----------|----------|-------|
| 1. | Denise de Groot | De Duck | 0.52.63 | 96-05142 | _____ | |
| 2. | Sara de Vos | SVO | 0.49.52 | 94-06632 | _____ | |
| 3. | Daniëlle de Klein | DWF | 0.49.37 | 94-04786 | BM | _____ |
| 4. | Melissa Knops | ZV de Gooye | 0.49.52 | 94-00214 | _____ | |
| 5. | Iris Roskam | De Duck | 0.50.15 | 95-05854 | _____ | |
| 6. | Daniëlle de Visser | ZV de Gooye | 0.56.14 | 95-05890 | _____ | |

Serie: 2

| | | | | | | |
|----|-----------------|---------------|---------|----------|-------|--|
| 1. | Jorieke Wolfert | ZV de Gooye | 0.48.38 | 95-00928 | _____ | |
| 2. | Judith de Heer | DWF | 0.46.30 | 96-02738 | _____ | |
| 3. | Claire Galjart | LAC | 0.44.78 | 95-00760 | _____ | |
| 4. | Anne de Heer | DWF | 0.45.10 | 96-02736 | _____ | |
| 5. | Angela de Jager | MNC Dordrecht | 0.46.90 | 95-03506 | _____ | |
| 6. | Babette Schep | SVO | 0.49.24 | 94-05096 | _____ | |

ZRO kringcompetitie deel 5



Vervolg Programmanummer: 114 50m Schoolslag m. junioren 3 en later

Serie: 3

| | | | | | |
|----|----------------------|---------------|---------|----------|-------|
| 1. | Luanne Dors | LAC | 0.43.13 | 95-01938 | _____ |
| 2. | Nadia Metselaar | LAC | 0.41.80 | 94-06782 | _____ |
| 3. | Francesca van Dongen | MNC Dordrecht | 0.39.10 | 94-02982 | _____ |
| 4. | Laura Advocaat | MNC Dordrecht | 0.41.73 | 95-02988 | _____ |
| 5. | Sanne van Delft | SVO | 0.43.09 | 95-01890 | _____ |
| 6. | Julia Mijster | DWF | 0.43.93 | 96-02742 | _____ |

Programmanummer: 115 50m Schoolslag j. junioren 2 en later

Serie: 1

| | | | | | Eindtijd |
|----|-------------------|---------|---------|----------|----------|
| 2. | Arno de Bruijn | DWF | 0.50.15 | 95-04411 | _____ |
| 3. | Paco de Voogt | De Duck | 0.47.73 | 94-00859 | _____ |
| 4. | Marnick de Bruin | DWF | 0.49.11 | 94-03623 | _____ |
| 5. | Niels Zwijnenburg | SVO | 0.51.07 | 95-03627 | _____ |
| 6. | Alex Pap | SVO | 0.53.42 | 95-05047 | _____ |

Serie: 2

| | | | | | |
|----|---------------------|-------------|---------|----------|----------|
| 1. | Koen Roobol | LAC | 0.46.58 | 94-03209 | _____ |
| 2. | Martijn van den Hul | LAC | 0.45.71 | 94-04981 | BM _____ |
| 3. | Daniël Dikken | De Duck | 0.43.44 | 95-00385 | _____ |
| 4. | Vincent Kraaijeveld | DWF | 0.44.11 | 94-01617 | _____ |
| 5. | Ramon van Huizen | ZV de Gooye | 0.46.22 | 94-00945 | _____ |
| 6. | Stefan Vermeulen | De Duck | 0.46.67 | 94-05123 | _____ |

Serie: 3

| | | | | | |
|----|---------------------|---------------|---------|----------|-------|
| 1. | Jaco Struijk | ZV de Gooye | 0.42.97 | 94-01323 | _____ |
| 2. | Marc Advocaat | MNC Dordrecht | 0.41.26 | 94-02603 | _____ |
| 3. | Joris Kraaijenstein | MNC Dordrecht | 0.37.96 | 95-02167 | _____ |
| 4. | Sander Asjes | LAC | 0.39.62 | 95-03787 | _____ |
| 5. | Koen Jongejan | ZV de Gooye | 0.41.95 | 95-02945 | _____ |
| 6. | Boris Spiering | LAC | 0.43.09 | 96-01681 | _____ |

Programmanummer: 116 4x50m Vrijeslag estafette dames/heren mix

JMIN6EL, MJUN1EL

Serie: 1

| | | | | | Eindtijd | 50m |
|----|---------------|----------|----------------------|----|----------|----------------------|
| 1. | ZV de Gooye | | 2.44.90 | | _____ | _____ |
| | 1. | 96-05462 | Claudia Guldemeester | 3. | 96-01100 | Gerdine v.d. Boogert |
| | 2. | 97-00783 | Sander de Vos | 4. | 98-00231 | Niels Donkersloot |
| 2. | LAC | | 2.24.20 | | _____ | _____ |
| | 1. | 96-04712 | Isabel Spit | 3. | 96-01936 | Rianne Timmers |
| | 2. | 96-01641 | Redouan Louche | 4. | 96-01255 | Arda Kaya |
| 3. | DWF | | 2.21.19 | | _____ | _____ |
| | 1. | 96-01358 | Debby Kraaijeveld | 3. | 96-02742 | Julia Mijster |
| | 2. | 98-01267 | Delano van Reede | 4. | 96-02539 | Ruben Klarenaar |
| 4. | De Duck | | 2.22.08 | | _____ | _____ |
| | 1. | 96-04476 | Céline Verhoef | 3. | 96-04992 | Lenneke Bagijn |
| | 2. | 97-02229 | Mike Hoek | 4. | 96-03229 | Michael de Joode |
| 5. | MNC Dordrecht | | 2.28.73 | | _____ | _____ |
| | 1. | 98-01450 | Kim Busch | 3. | 98-00616 | Brigitte Sleeking |
| | 2. | 98-01367 | Koen van Kan | 4. | 98-00565 | Dennis Bougrimov |
| 6. | SVO | | 2.48.56 | | _____ | _____ |
| | 1. | 96-05340 | Meike de Greef | 3. | 96-04618 | Rianne van der Ham |
| | 2. | 97-02419 | Marcel den Otter | 4. | 96-02227 | Harmen den Hartog |

ZRO kringcompetitie deel 5



Programmanummer: 117 8x50m Vrijeslag estafette Mix

Serie: 1

| | | | | Eindtijd | 50m | |
|----|---------------|----------|----------------------|----------|----------|------------------------|
| 1. | LAC | 4.01.62 | | _____ | _____ | |
| | 1. | 95-01938 | Luanne Dors | 5. | 93-05884 | Caroline Gribling |
| | 2. | 93-06175 | Marco Ambrosini | 6. | 90-03719 | Silvan Biesheuvel |
| | 3. | 93-04330 | Whitney Neerhout | 7. | 94-02662 | Liona Timmers |
| | 4. | 92-00203 | Lawrence Cross | 8. | 77-03183 | Matijs van den Eijnden |
| 2. | SVO | 3.54.21 | | _____ | _____ | |
| | 1. | 92-03626 | Lotte Eilers | 5. | 88-04318 | Gemma den Toom |
| | 2. | 83-01905 | Michael Schreuders | 6. | 86-02689 | Joeri Scheepens |
| | 3. | 90-08064 | Carolien Muilwijk | 7. | 87-02856 | Evelien Muilwijk |
| | 4. | 93-05463 | Davy de Greef | 8. | 86-02989 | Andre Sterk |
| 3. | MNC Dordrecht | 3.42.44 | | _____ | _____ | |
| | 1. | 85-01710 | Karin Kraaijeveld | 5. | 95-02988 | Laura Advocaat |
| | 2. | 89-00737 | Martijn Dolk | 6. | 86-02355 | Mario Peeters |
| | 3. | 94-02982 | Francesca van Dongen | 7. | 90-03730 | Michal Thiele |
| | 4. | 90-00375 | Jesper Bouman | 8. | 88-01647 | Nick van Ingen |
| 4. | DWF | 3.52.08 | | _____ | _____ | |
| | 1. | 91-05190 | Ploni Stuy | 5. | 76-00950 | Marian Nederlof |
| | 2. | 87-03265 | John Strijker | 6. | 87-00651 | Gerard Dekker |
| | 3. | 92-07576 | Ria Kortlever | 7. | 92-02504 | Sharelle Hartman |
| | 4. | 84-02381 | David Verlek | 8. | 84-02293 | Johnny den Uil |
| 5. | De Duck | 3.58.25 | | _____ | _____ | |
| | 1. | 93-03526 | Leontine Groeneveldt | 5. | 93-00410 | Kirsten Knappe |
| | 2. | 92-03695 | Brian van Geffen | 6. | 70-01431 | Michel Hoek |
| | 3. | 95-05854 | Iris Roskam | 7. | 93-03522 | Sandra Vermeulen |
| | 4. | 91-02437 | Dex de Voogt | 8. | 92-00997 | Jesper Oranje |
| 6. | ZV de Gooye | 4.07.16 | | _____ | _____ | |
| | 1. | 90-06108 | Marijke Mandemaker | 5. | 94-04000 | Marije v. d. Boogert |
| | 2. | 91-04247 | Anthony Struijk | 6. | 94-00201 | Pieter Wolfert |
| | 3. | 93-00412 | Anne de Kok | 7. | 94-00214 | Melissa Knops |
| | 4. | 92-02965 | Coen van der Wekken | 8. | 87-03929 | Bastian Zoon |